



capital camps
מחנות קפיטל

Summer 2021 Packing List

Clothing

- 1 medium/lightweight jacket/fleece
- 1 raincoat/poncho
- 2 sweatshirts (1 heavy/fleece)
- 4 long-sleeved shirts
- 14 t-shirts (2 per day), include 2 green, 2 blue, 2 red, & 2 yellow shirts for *Maccabiah* (color war)
- 1 white t-shirt for tie-dying
- 16 pairs of underwear
- 14 pairs of socks
- 3 pairs of long pants
- 8 pairs of shorts
- 2 lightweight pajamas
- 1 heavyweight pajamas/sweats
- 3 bathing suits
- 2 hats/bandanas
- 2 pair sneakers **Mandatory**
- 1 pair shower shoes
- 1 nicer outfit (dress, etc.) for dance/banquet
- 1 pair old shoes for messy activities & mud course
- 1 outfit for messy activities & mud course

Optional

- Small Posters/pictures
- Baseball glove/tennis racket/lacrosse stick
- Musical instrument
- Swim goggles/ear plugs
- Flip flops/sandals for Shabbat, cabin & pool
- Books, Journal
- Digital Camera
- Battery-operated fan with extra batteries
- Croakies/eyewear retaining cord
- Screen-free music player (please refer to the Family Guide for more details on the screen-free policy)
- Hammock/Chair (Kaufmann & Macks Only)

Linens & Toiletries

- Sleeping bag
- Pillow
- Blanket
- 2 sets of twin sheets with pillowcases
- 3 beach towels
- 2 bath towels
- 2 hand towels
- Tissues
- Soap (in a container) or body wash
- Shampoo & conditioner
- 2 toothbrushes
- Toothpaste
- Deodorant
- Feminine hygiene products
- Comb/brush
- Carrying device for toiletries
- Flashlight with extra batteries
- 2 labeled water bottles - **Mandatory**
- Stationery, envelopes, stamps, & pens
- Sunscreen
- Insect repellent
- Laundry bags (one large general & 2 smaller mesh for socks and underwear. See Notes for recommendations)
- Backpack/daypack
- Duffle bag/large back-pack for trip
- Washable masks - at least 24 double-layer cloth masks **OR**
- Disposable masks
 - o Session 1 - at least 52 masks
 - o Session 2 - at least 44 masks
- Gallon-size Ziploc bag to hold used cloth masks

For Shabbat

- 2 white shirts/t-shirts
- 2 dressier shorts/pants
- 1 white dress/skirt (optional)
- Kippah (optional)

Talit (optional)